

Hepatitis ABCs

Health 91C

Fall 2012

10/2 – 11/20

Class meets: Tuesday 7 – 9 pm.

Class Location: Multi-Use Building Room 340

Instructor: Robin Roth

Contact at: rroth@ccsf.edu, (415) 452-5153

Office: Multi-Use Building MU 353 Health Ed. Dept.

Website: <http://fog.ccsf.edu/rroth>

Office Hours: Tues. before class, 6:30-7:00 p.m., and by appointment as needed. If the dept. is locked, ring the doorbell. I will be happy to meet with you individually to discuss concerns and support your success in class. Please contact me to make an appointment.

Course Description

Overview of the varieties of viral hepatitis with a focus on hepatitis C as an emerging public health issue in the U.S. Covers basic epidemiology, transmission, diagnosis, treatment and course of liver disease as well as promotion of liver health. There will be an emphasis on prevention, harm reduction, and advocacy. Issues related to HIV/HCV co-infection and to drug use are covered.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- A. Appraise factors in promoting liver health.
- B. Assess epidemiology, characteristics, transmission, diagnostic indicators, spectrum of disease, and treatment options for viral hepatitis types A, B, and C.
- C. Apply different models of public health practice and advocacy.
- D. Evaluate the relationships between hepatitis C, HIV infection, and substance use.
- E. Integrate ongoing research on topics presented in class, networking and self-care strategies for professional development.

Reading Assignments

Check the class schedule for readings to do before each class, from the Hlth91C Reader and the online “Adult Viral Hepatitis Resource Guide” by SF Dept. of Public Health at www.hepcsf.org/Resources.html. Additional online Web Readings are also assigned for each topic, at www.hcvadvocate.org, www.liverfoundation.org, and other sites. The links from these sites provide additional information. Additional handouts and course materials will be given in class. You will be expected to have read and be prepared to discuss the reading assignments for the scheduled class date as indicated in the schedule.

Quizzes

There will be two multiple-choice quizzes in the course (see class schedule) each worth 50 points. IF you miss a quiz you must notify the instructor and arrange to come in to take the quiz before the following class session.

Project and paper

The class project will be done small groups, each group working on an aspect of hepatitis prevention and advocacy. You will be given some time in class to meet and work together and some outside work will be needed. An individual paper about the project is part of this assignment. Details follow and will be discussed in class.

Class Participation

Participation in class accounts for 50 points of the course grade.

***** Please note that because this is a short term class, meeting for only 8 sessions; students with more than one absence will have inadequate participation to complete the course with a passing grade of "C".**

Tardiness

It is important that you arrive to class on time and stay for the entire session. Class begins promptly at 7:00 pm and ends at 9pm. Two episodes of arriving late or leaving early will be counted as one absence.

Grading

Quizzes (2 quizzes worth 50 pts each)	100
Participation	50
Project	100
Paper on the project	50
Total	300

Final Grade Calculation

A = 270-300 B = 240-269 C= 210-239 D = 180-209 F Under 180

Class Conduct:

The classroom is a safe place for people to share and discuss ideas. Inappropriate or disruptive behavior will not be tolerated. Be aware of the CCSF policy regarding student conduct (page 40 in CCSF Catalog).

If you have any questions or concerns about individual grades and/or personal issues I encourage you to see me during office hours or make an appointment.

If you need accommodation because of a disability, including learning disabilities, please come see me as soon as possible. The Disabled Students Programs & Services Office number is 452-5481.

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Course Schedule.

Fall 2012 Schedule

Reading/Assignments Due

**Read assigned pages in the Reader.
Read about the topic of the next class
on the Website Readings list, esp. in the
SF Viral Hepatitis Resource Guide (RG)
at www.hepcsf.org/Resources**

- | | | |
|------------|--|---|
| 1. Oct. 2 | Intro
Guidelines
Normal Liver
Levels & Spectrum of Prevention | Reader pp. 1-17
handout |
| 2. Oct. 9 | Hepatitis A, B, D | Reader pp. 18-40
RG pp. 2-6 |
| 3. Oct. 16 | Hepatitis C
Hepatitis C clinical issues | Reader pp. 41-54
Reader pp. 55-74, 114-117 |
| 4. Oct. 23 | Advocacy – Ryan Clary
Resources
updates go to www.hepcsf.org/Resources | *QUIZ #1
Reader pp.75-79
RG pp. 10-26 (for |
| 5. Oct. 30 | Hepatitis C & HIV Coinfection | Reader pp. 80-87 |
| 6. Nov. 6 | HCV & Substance Use Issues
Harm Reduction Strategies
Speaker – Emalie Huriaux | RG pp. 7-9
Reader pp. 103-105
Online HR reading |
| 7. Nov. 13 | HCV in Prisons &
Specific Populations

Counseling Issues | * QUIZ #2
Reader pp. 88-102
www.safersexC.org (kink safety)
Reader pp. 106-113 |
| 8. Nov. 20 | Project Presentations | * Individual Paper Due |

Readings Hlth 91C Hepatitis ABCs

Do these readings before the class in which the topic is discussed.

Liver articles:

Caring for your liver – take the risk assessment quiz

<http://www.hepfi.org/LIVER/L-overview.html>

National Viral Hepatitis Roundtable <http://nvhr.org/>

Hepatitis A:

www.liverfoundation.org/abouttheliver/info/hepatitisa

Hepatitis B:

www.liverfoundation.org/abouttheliver/info/hepatitisb

Hepatitis C:

www.liverfoundation.org/abouttheliver/info/hepatitisc

www.hhs.gov/ash/initiatives/hepatitis *Combating the Silent Epidemic of Viral Hepatitis: Action Plan for the Prevention, Care and Treatment of Viral Hepatitis 2011*

www.library.ca.gov/crb/08/08-009.pdf (Hepatitis C:

Public Policy implications of a Silent Virus, including information especially for CA)

<http://hepcchallenge.org/choices> info & video for folks with hepatitis C

www.hepc.tv Hepatitis C made simple: The Basics

<http://www.bettertoknowc.com/pages/resources>

Call Help4Hep (877.435.7443) or www.help4hep.org/html

Principles of Harm Reduction

<http://harmreduction.org/about-us/principles-of-harm-reduction/>

All aspects of Hepatitis

<http://hcvadvocate.org/hepatitis/factsheets.asp>

Scroll down the Fact Sheets page to find info on many hepatitis-related topics. Also put the topic of your interest into the search feature on the website. www.hbvadvocate has hep B info.

Team Project and Paper
Due 11/20
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Assignment: Students will work in teams of 5-6 students on a project relating to some aspect of hepatitis prevention and advocacy. Projects can involve creating a health education poster, petition drives and letter writing campaigns involving legislation, outreach to the CCSF community or other local community, or similar project of your design.

You will be given some class time to work with your group on this project and it will require work out of the classroom as well.

Each student will write a 2-3 page Reflection Paper, reflecting on what you learned, what you contributed, what each team member contributed, and how you worked as a team. Be sure to note where your project fits on the Levels and Spectrum of Prevention. As part of your paper but on a separate sheet, list resources relating to your project, both resources for others interested in the topic of your project and resources you used in doing the project.

Each group will briefly present their project to the class on **Nov 20th**. Your individual Reflection Paper will be due on **11/20** as well.

This presentation will include:

- The goal of your project. Is it primary, secondary, or tertiary prevention?
- Where does it fit on the spectrum of prevention?
- Who is the target audience?
- Describe your project and share what you learned; give relevant resources.

Your grade will be based on:

- | | |
|---|-----------|
| 1. Clear purpose of project | 25 points |
| 2. Effectiveness of project
(poster, petition, etc.) | 50 points |
| 3. Presentation | 25 points |
| 4. Individual paper | 50 points |

TOTAL 150 points