Review for Quiz #1 Health 33

- What is the WHO definition of health? (In class notes)
- Definition of health (from Health the Basics)
- What are the 6 dimensions of health? (p.4 or 5)
- Definition of health disparities and examples (in class notes)
- Examples of self-help (p.465 or p.487)
- When to seek help (p.487)
- How to evaluate a health provider (p.465-466 or p.488)
- Barriers to health care (p.475-476)
- Patient Rights (p.489)